

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Melissa 793-1353</p> <p>Michelle 793-1340</p> <p>Wendy 793-1312</p>	<p>Please sign up for ALL of the trips/events (in RED) that you wish to attend to help us with planning.</p> <p>Calendar is subject to change</p>	<p><u>Picnic Menu for May 15:</u></p> <p style="text-align: center;">BBQ Pork Ribs Char-grilled Turkey Burger w/roll, lettuce & tomato garnish Cole Slaw Baked Beans Potato Salad Texas Sheet Cake</p> <p style="text-align: center;">\$10.00 + tax per person RSVP by calling 793-1317 before or on May 10 (at latest) to avoid a late fee</p>	<p style="text-align: right;">1</p> <p>9:15-Zumba Gold (LGR) 10:00-Country Store Tour & Lunch out 10:00-Swing into Shape (LGR) 10:30-Water Arthritis (Pool) 11:00-Technology Assistance w/Anne (Cyber Lounge) 11:00-Water Volleyball 1:15-Line Dancing (LGR) 2:00-Book Club/Paula (2nd floor meeting room)</p>	<p style="text-align: right;">2</p> <p>10:00-Discovery Day with Thad Rothrock, Homewood CEO (GCC) 1:00-Scrabble (Player's Club) 3:00-Cinco de Mayo crafts (Rec Room) 3:30-Chapel Choir Practice (BMC)</p>	<p style="text-align: right;">3</p> <p>9:15-Chair Stretching (LGR) 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 12:45-Quarterly Birthday Party – by invitation only (Cafe) 1:30-Tai Chi (LGR) 4:30-Terrace Hour (Cafe) 6:00-Card/Board Games (Cafe Lounge)</p>	<p style="text-align: right;">4</p> <p>10:00-Needlework (Great Room) 10:00-Table Tennis, Darts and Shuffleboard (LGR) 2:00-Bingo (Library)</p>
<p style="text-align: right;">5</p> <p>10:30-Chapel Worship (BMC)</p>	<p style="text-align: right;">6</p> <p>9:15-Silver Cardio OR Walking Program (LGR) 9:30-Coffee Social (Coffee Shop) 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 1:00-Bible Study (Concord Room) 2:00-Cognitive Fitness (Library) 2:30-Homewood Memorial & Remembrance Service (BMC) 3:00-Cinco de Mayo Party (Cafe)</p>	<p style="text-align: right;">7</p> <p>9:30-Giant Eagle 9:45-Silver Toning (LGR) 1:15-Yoga (LGR) 1:30-Bocce - Team 1 vs. Team 5 (Bocce Court) 2:00-Spring Planting and info on Lyme's Disease by Master Gardener Bernice Celline (cafe) 3:00-Discussion on Ethics (LGR) 7:00-Vespers (BMC)</p>	<p style="text-align: right;">8</p> <p>9:15-Zumba Gold (LGR) 10:00-Walking & Talking (Meet in Rec Room) 10:00-Swing into Shape (LGR) 10:30-Water Arthritis (Pool) 10:30-Blood Pressure Screening (Community Nursing Office) 11:00-Water Volleyball 11:30-"Dining for Dollars" at Longhorn Steakhouse 1:15-Line Dancing (LGR) 2:00-Greeting Card Making for Mother's Day & Memorial Day (Rec Room) 6:30-Victory Brinker - 7 yr old opera singer will perform "Homewood La Familia" (GCC)</p>	<p style="text-align: right;">9</p> <p>9:45-Silver Toning (LGR) 11:00-"Chatty Chicks" to Hungry Duck for Lunch & Charlotte's Trove Shopping 11:00-Chats with Charlie (GCC) 1:00-Scrabble (Player's Club) 1:30-Bocce - Team 2 vs. Team 4 (Bocce Court) 2:00-Lutheran Communion (BMC) 3:30-Chapel Choir Practice (BMC)</p>	<p style="text-align: right;">10</p> <p>9:15-Chair Stretching (LGR) 10:00 AM-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 12:30-5:00-Red Cross Blood Mobile (EACR) 2:00-Spiritual Journeys and Conversations w/Chaplains (Rec Room) 4:30-Terrace Hour (Cafe) 6:00-Card/Board Games (Cafe Lounge)</p> <p style="text-align: center;">Sign up by the end of today for the IL Picnic which will be held on 5/15 – RSVP by calling 793-1317</p>	<p style="text-align: right;">11</p> <p>10:00-Table Tennis, Darts and Shuffleboard (LGR) 10:00-Needlework (Great Room) 2:00-Bingo (Library)</p>
<p style="text-align: right;">12</p> <p style="text-align: center;">Happy Mother's Day!!!</p> <p>10:30-Chapel Worship (BMC)</p>	<p style="text-align: right;">13</p> <p>9:15-Silver Cardio OR Walking Program (LGR) 9:30-Muffins & Mimosa's for Mom's (Coffee Shop) 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 1:00-Residents' Association Quarterly Meeting (GCC) 3:00-Root Beer Floats (MW Pavilion)</p>	<p style="text-align: right;">14</p> <p>9:30-Wal-Mart 9:45-Silver Toning (LGR) 1:15-Yoga (LGR) 1:30-Bocce - Team 1 vs. Team 3 (Bocce Court) 3:00-Intro to Essential Oils and free hand massages (cafe) 3:00-Alzheimers Support Group (Club Room) 7:00-Vespers (BMC)</p>	<p style="text-align: right;">15</p> <p>9:00-"Wake up w/Wendy" (Rec Room) 9:15-Zumba Gold (LGR) 10:00-Swing into Shape (LGR) 10:30-Water Arthritis (Pool) 11:00-Technology Assistance w/Anne (Cyber Lounge) 11:00-Water Volleyball 12:30-Blood Pressure Screening (Community Nursing Office) 1:15-Line Dancing (LGR) 2:30-Jay Vonada performing "Swing Nova", trombone & piano music (GCC) 4:30-Picnic (MW Pavilion, weather permitting)</p>	<p style="text-align: right;">16</p> <p>9:30-Trip to Allegheny Portage RR National Historic Site 9:45-Silver Toning (LGR) 1:00-Scrabble (Player's Club) 1:30-Bocce - Team 2 vs. Team 5 (Bocce Court) 3:00-Catholic Mass (BMC) 3:45-Chapel Choir Practice (BMC) 4:00-Gel Manicures - appointments BEGIN at 4:00 (LGR)</p>	<p style="text-align: right;">17</p> <p>9:15-Chair Stretching (LGR) 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 1:30-Tai Chi (LGR) 2:00-Patriotic Print Craft (Rec Room) 4:30-Terrace Hour (Cafe) 6:00-Card/Board Games (Cafe Lounge)</p>	<p style="text-align: right;">18</p> <p>10:00-Needlework (Great Room) 10:00-Table Tennis, Darts and Shuffleboard (LGR) 2:00-Bingo (Library)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
10:30 -Chapel Worship (BMC) 3:00 -Student Recital to include Cello, Piano and Various other instruments Instructors: Betty Moudy & Evelyn Bookhammer "Come One...Come All!!!" (GCC)	9:15 -Silver Cardio OR Walking Program (LGR) 9:30 -Coffee Social (Coffee Shop) 10:00 -Swing into Shape (LGR) 10:30 -Water Aerobics 11:00 -Water Volleyball 1:00 -Bible Study (Concord Room) 2:00 -Wii Games (LGR) 2:00 -Cognitive Fitness (Library)	9:30 -Giant Eagle 9:45 -Silver Toning (LGR) 1:15 -Yoga (LGR) 1:30 -Bocce - Team 3 vs. Team 4 (Bocce Court) 2:00 -Terracotta Solar Light Craft (Rec Room) 7:00 -Vespers (BMC)	9:00 -Men's Snack & Yack Pack to the All Sport Museum & Lunch at the Prospector Restaurant 9:15 -Zumba Gold (LGR) 10:00 -Swing into Shape (LGR) 10:30 -Water Arthritis (Pool) 11:00 -Water Volleyball 1:15 -Line Dancing (LGR)	9:45 -Silver Toning (LGR) 11:00 -Chats with Charlie (GCC) 1:00 -Scrabble (Player's Club) 1:30 -Afternoon Movie: Bedford County Veterans WWII (LGR) 1:30 -Bocce - Team 1 vs. Team 2 (Bocce Court) 3:30 -Chapel Choir Practice (BMC)	9:15 -Chair Stretching (LGR) 10:00 -Greenhouse Tour 10:00 -Swing into Shape (LGR) 10:30 -Water Aerobics 11:00 -Water Volleyball 2:00 -Spiritual Journey and Conversations (Rec Room) 4:30 -Terrace Hour (Cafe) 6:00 -Card/Board Games (Cafe Lounge)	10:00 -Table Tennis, Darts and Shuffleboard (LGR) 10:00 -Needlework (Great Room) 2:00 -Bingo (Library)
26	27	28	29	30	31	
10:30 -Chapel Worship (BMC)	Happy Memorial Day 10:00 -Swing into Shape (LGR)	9:30 -Wal-Mart 9:45 -Silver Toning (LGR) 11:00 -Religious Life Committee Meeting (BMC) 1:15 -Yoga (LGR) 1:30 -Bocce - Team 3 vs. Team 5 (Bocce Court) 2:00 -Red, White and Blue Truffles (Rec Room) 2:00 -Parkinson's Support Group w/Jody Hurley (LGR) 7:00 -Vespers (BMC)	9:00 -"Wake up w/Wendy" (Rec Room) 9:15 -Zumba Gold (LGR) 10:00 -Swing into Shape (LGR) 10:30 -Water Arthritis (Pool) 11:00 -Water Volleyball 1:15 -Line Dancing (LGR) 2:00 -Circle of Friends "Displaying Our Flag" (Rec Room)	9:45 -Silver Toning (LGR) 1:00 -Scrabble (Player's Club) 1:30 -Bocce - Team 1 vs. Team 4 (Bocce Court) 2:00 -"What is happening in the World Now?" led by our Chaplains (Cafe) 3:30 -Chapel Choir Practice (BMC)	8:30 -Coffee tasting and breakfast @ Black Dog & historical walk downtown & shops in Hollidaysburg 9:15 -Chair Stretching (LGR) 10:00 -Swing into Shape (LGR) 10:30 -Water Aerobics 11:00 -Water Volleyball 2:00 -Talk of the Town - Bellwood (Rec Room) 4:30 -Terrace Hour (Cafe) 6:00 -Card/Board Games (Cafe Lounge)	Room Code: EACR: Ernie Angell Conference Room GCC: Givler Cultural Center BMC: Bice Memorial Chapel LGR: Legends Game Room