

# March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Jennifer</b> <b>793-1353</b></p> <p><b>Michelle</b> <b>793-1340</b></p> <p><b>Wendy</b> <b>793-1312</b></p>	<p><b>GCC</b> = Givler Cultural Center</p> <p><b>BMC</b> = Bice Memorial Chapel</p> <p><b>EACR</b> = Ernie Angell Conference Room</p> <p><b>LGR</b> = Legends Game Room</p>	<p>Please keep in mind that this calendar is subject to change...</p>	<p><u><b>IL Dinner Menu for March 14:</b></u></p> <p>Slow Roasted Top Round w/Beef Gravy</p> <p style="text-align: center;">Buttered Parsley Noodles</p> <p>Candy Carrots (honey &amp; brown sugar)</p> <p style="text-align: center;">Salad and Roll</p> <p>Cheesecake w/drizzled Raspberry Sauce</p> <p style="text-align: center;">\$13.00 + tax per person</p>	<p style="text-align: right;"><b>1</b></p> <p><b>10:00</b>-Silver Cardio (LGR) <b>1:00</b>-Scrabble (Player's Club) <b>1:15</b>-St. Patrick's Church in Newry for a presentation on Catholicism (Q &amp; A time as well) <b>3:30</b>-Chapel Choir Practice (BMC)</p>	<p style="text-align: right;"><b>2</b></p> <p style="text-align: center;"><b>World Day of Prayer</b></p> <p><b>10:00</b>-Swing into Shape (LGR) <b>10:30</b>-Water Aerobics <b>11:00</b>-Water Volleyball <b>2:00</b>-Greeting Card Making (Rec Room) <b>4:30</b>-Terrace Hour (Cafe) <b>6:00</b>- "Fun &amp; Fellowship" Card/Board Games (Cafe Lounge)</p>	<p style="text-align: right;"><b>3</b></p> <p><b>10:00</b>-Table Tennis, Darts and Shuffleboard (LGR) <b>10:00</b>-Needlework (Great Room) <b>2:00</b>-Bingo (Library)</p>
<p style="text-align: right;"><b>4</b></p> <p><b>10:30</b>-Chapel Worship (BMC)</p>	<p style="text-align: right;"><b>5</b></p> <p><b>9:30</b>-Coffee &amp; Sweet Treat Social (Coffee Shop) <b>10:00</b>-Swing into Shape (LGR) <b>10:30</b>-Water Aerobics <b>11:00</b>-Water Volleyball <b>1:00</b>-Bible Study (Concord Room) <b>2:00</b>-Cognitive Fitness (LGR) <b>3:30-5:30</b>-Terrace Lite (Cafe)</p>	<p style="text-align: right;"><b>6</b></p> <p><b>9:30</b>-Wal-Mart <b>10:00</b>-Silver Cardio (LGR) <b>1:00</b>-Bridge (2nd floor meeting room) <b>2:00</b>-Soup Making (Rec Room/LGR) <b>7:00</b>-Vespers (BMC)</p>	<p style="text-align: right;"><b>7</b></p> <p><b>10:00</b>-Swing into Shape (LGR) <b>10:30</b>-Water Arthritis <b>11:00</b>-Water Volleyball <b>2:00</b>-Ladies Time - chocolate dipping (Cafe Lounge) <b>2:00</b>-Book Club/Paula (2nd floor meeting room) <b>6:00</b>-Poker Night (LGR)</p>	<p style="text-align: right;"><b>8</b></p> <p><b>1:00</b>-Scrabble (Player's Club) <b>1:00</b>-Midday Mile "Walk a Mile Loop with the Group" - Meet @ the MW Pavilion or in case of inclement weather then meet @ Wellness Center <b>2:00</b>-Lutheran Communion (BMC) <b>3:00</b>-Dominoes (Rec Room) <b>3:30</b>-Chapel Choir Practice (BMC)</p>	<p style="text-align: right;"><b>9</b></p> <p><b>10:00</b>-Swing into Shape (LGR) <b>10:30</b>-Water Aerobics <b>11:00</b>-Water Volleyball <b>2:00</b>-Easter Craft (Rec Room) <b>4:30</b>-Terrace Hour (Cafe) <b>6:00</b>- "Fun &amp; Fellowship" Card/Board Games (Cafe Lounge)</p>	<p style="text-align: right;"><b>10</b></p> <p><b>10:00</b>-Needlework (Great Room) <b>10:00</b>-Table Tennis, Darts and Shuffleboard (LGR) <b>2:00</b>-Bingo (Library)</p>
<p style="text-align: right;"><b>11</b></p> <p><b>10:30</b>-Chapel Worship (BMC)</p>	<p style="text-align: right;"><b>12</b></p> <p><b>9:30</b>-Coffee Social (Coffee Shop) <b>10:00</b>-Swing into Shape (LGR) <b>10:30</b>-Water Aerobics <b>11:00</b>-Water Volleyball -Monday Matinee Movie (GCC) <b>2:00</b>-Cognitive Fitness (LGR) <b>3:30-5:30</b>-Terrace Lite (Cafe)</p>	<p style="text-align: right;"><b>13</b></p> <p><b>9:30</b> -Giant Eagle <b>10:00</b> -Silver Cardio (LGR) <b>2:00</b> Making Easter Candy (Rec Room/LGR) <b>3:00</b> -Alzheimer's Support Group (Club Room) <b>7:00</b> -Vespers (BMC)</p>	<p style="text-align: right;"><b>14</b></p> <p><b>10:00</b>-Swing into Shape (LGR) <b>10:30</b>-Water Arthritis <b>10:30</b>-Blood Pressure Screening (Community Nursing Office) <b>11:00</b>-Water Volleyball <b>1:00</b>-Senior Yoga (LGR) <b>1:00</b>-Trip to get "pampered" – see Rec Dept for pricing (The Salon Professional Academy in Altoona) <b>4:30</b>-IL Dinner (Cafe) <b>6:00</b>-Poker Night (LGR)</p>	<p style="text-align: right;"><b>15</b></p> <p><b>10:00</b> -Silver Cardio (LGR) <b>1:00</b> -Scrabble (Player's Club) <b>2:00</b> -Dominoes (Rec Room) <b>3:00</b>-Catholic Mass (BMC) <b>3:30</b> -Chapel Choir Practice (BMC) <b>4:00</b> -"Rhythm of the Dance" with dinner at PJ's Tavern before the show (Johnstown Pasquerilla Performing Arts Center @ UPJ) – Prior reservations were required! <b>MICHELLE DRIVING</b></p>	<p style="text-align: right;"><b>16</b></p> <p><b>12:00</b> -Blood Mobile (EACR) <b>10:00</b> -Swing into Shape (LGR) <b>10:30</b> -Water Aerobics <b>11:00</b> -Water Volleyball <b>2:00</b> -Nail Care with a treat (green milkshake in honor of St. Patrick's Day) (Rec Room) <b>4:30</b> -Terrace Hour (Cafe) <b>6:00</b> -"Fun &amp; Fellowship" Card/Board Games (Cafe Lounge)</p>	<p style="text-align: right;"><b>17</b></p> <p style="text-align: center;"><b>Happy St. Patrick's Day!</b></p> <p><b>10:00</b>-Table Tennis, Darts and Shuffleboard (LGR) <b>10:00</b>-Needlework (Great Room) <b>2:00</b>-Bingo (Library)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> <b>10:30</b> -Chapel Worship (BMC)	<b>19</b> <b>9:30</b> -Coffee & Sweet Treat Social (Coffee Shop) <b>10:00</b> -Swing into Shape (LGR) <b>10:30</b> -Water Aerobics <b>11:00</b> -Water Volleyball <b>1:00</b> -Bible Study (Concord Room) <b>2:00</b> -Cognitive Fitness (LGR) <b>3:30-5:30</b> -Terrace Lite (Cafe)	<b>20</b> <b>9:30</b> -Wal-Mart <b>10:00</b> -Silver Cardio (LGR) <b>1:00</b> -Bridge (2nd floor meeting room) <b>2:00</b> -Spring Fling (Rec Room) <b>7:00</b> -Vespers (BMC)	<b>21</b> <b>10:00</b> -Greeting Card Making (Rec Room) <b>10:00</b> -Swing into Shape (LGR) <b>10:30</b> -Water Arthritis <b>11:00</b> -Water Volleyball <b>12:30</b> -Blood Pressure Screening (Community Nursing Office) <b>2:00</b> -Food Demo/Food Focus Group (EACR) <b>6:00</b> -Poker Night (LGR)	<b>22</b> <b>10:00</b> -Silver Cardio (LGR) <b>1:00</b> -Scrabble (Player's Club) <b>1:00</b> -Midday Mile "Walk a Mile Loop with the Group" - Meet @ the MW Pavilion or in case of inclement weather then meet @ Wellness Center <b>3:30</b> -Chapel Choir Practice (BMC) <b>4:30</b> -Jean Bonnet for Dinner <b>MICHELLE DRIVING</b>	<b>23</b> <b>10:00</b> -CW Longer students visit & craft (Café Lounge) <b>10:00</b> -Swing into Shape (LGR) <b>10:30</b> -Water Aerobics <b>11:00</b> -Water Volleyball <b>4:30</b> -Terrace Hour (Cafe) <b>6:00</b> -"Fun & Fellowship" Card/Board Games (Cafe Lounge) <b>6:30</b> -Cove Community Chorus Spring Concert (Spring Cove Middle School) <b>WENDY DRIVING</b>	<b>24</b> <b>10:00</b> -Needlework (Great Room) <b>10:00</b> -Table Tennis, Darts and Shuffleboard (LGR) <b>2:00</b> -Bingo (Library)
<b>25</b> <b>10:30</b> -Chapel Worship (BMC)	<b>26</b> <b>9:30</b> -Coffee Social (Coffee Shop) <b>10:00</b> -Swing into Shape (LGR) <b>10:30</b> -Water Aerobics <b>11:00</b> -Water Volleyball <b>1:00</b> -Bible Study (Concord Room) <b>2:00</b> -Cognitive Fitness (LGR) <b>3:30-5:30</b> -Terrace Lite (Cafe)	<b>27</b> <b>9:30</b> -Giant Eagle <b>10:00</b> -Silver Cardio (LGR) <b>11:00</b> -Religious Life Committee Meeting (BMC) <b>2:00</b> -Men's Group (Cafe) <b>2:00</b> -Parkinson's Support Group w/Jody Hurley (LGR) <b>7:00</b> -Vespers (BMC)	<b>28</b> <b>10:00</b> -Swing into Shape (LGR) <b>10:30</b> -Water Arthritis <b>11:00</b> -Water Volleyball <b>1:00</b> -Senior Yoga (LGR) <b>3:00</b> -Circle of Friends - we'll make sugar scrubs (Rec Room) <b>4:30</b> -Pot Luck Dinner (Cafe/Library) <b>6:00</b> -Poker Night (LGR)	<b>29</b> <b>11:00</b> -Woodbury OIP for Lunch <b>1:00</b> -Scrabble (Player's Club) <b>2:00</b> -Worship with Holy Communion: "Lessons & Carols" (BMC) <b>3:00</b> -Dominoes (Rec Room)	<b>30</b> <b>10:00</b> -Swing into Shape (LGR) <b>2:00</b> -Good Friday Worship (BMC) <b>3:00</b> -Hot Cross Buns (Cafe Lounge) <b>4:30</b> -Terrace Hour (Cafe) <b>6:00</b> -"Fun & Fellowship" Card/Board Games (Cafe Lounge)	<b>31</b> <b>10:00</b> -Table Tennis, Darts and Shuffleboard (LGR) <b>10:00</b> -Needlework (Great Room) <b>2:00</b> -Bingo (Library)

**Please sign up for all of the trips and events in GREEN so that we can be best prepared with food, transportation, supplies, etc. THANK YOU!**