








January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jennifer 793-1353 Michelle 793-1340 Wendy 793-1312	1 Happy New Year's Day 10:00-Swing into Shape (LGR) 	2 9:30-Wal-Mart 10:00-Silver Cardio (LGR) 2:00-What's in Store for the New Year & Healthy Snack plus "Show & Tell" – bring along a Christmas gift that you just received (Rec Room) 7:00-Vespers (BMC)	3 10:00-Swing into Shape (LGR) 10:30-Water Arthritis 11:00-Water Volleyball 1:00-Movie Afternoon: Musical: "Lala Land" with Popcorn/Drinks (LGR)  2:00-Book Club/Paula (2nd floor meeting room) 6:00-Poker Night (LGR)	4 7:30-8:30-Pool Walking- Don't want to come to the pool alone? Come during this hour to walk laps, exercise or just relax in the water. 10:00-Stretching & Toning (LGR) 1:00-Scrabble (Player's Club) 2:00-Dominoes (Rec Room) 3:30-Chapel Choir Practice (BMC)	5 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 1:00-Rep. Judy Ward "Town Hall Meeting" (EACR) 2:00-Nail Care - filing and polish (Rec Room) 4:30-Terrace Hour (Cafe) 6:00-"Fun & Fellowship" Card/Board Games (Cafe Lounge) <i>Please make your reservation TODAY for the IL Dinner to avoid a late fee....Call 793-1317</i>	6 10:00-Table Tennis, Darts and Shuffleboard (LGR) 10:00-Needlework (Great Room) 2:00-Bingo (Library)
7 10:30-Chapel Worship (BMC)	8 9:30-Coffee & Sweet Treats Social (Coffee Shop) 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 1:00-Beginners Water Color Class (LGR) * Those who are previous students may come and paint during class time. 1:00-Bible Study (Concord Room) 2:00-Jack Kreider - Maple Syrup Presentation (GCC)  2:00-Cognitive Fitness (Library) 3:30-5:30-Terrace Lite (Cafe)	9 9:30-Giant Eagle 10:00-Silver Cardio (LGR) 2:00-Snowman Craft (Rec Room) 3:00-Alzheimers Support Group (Club Room) 7:00-Vespers (BMC)	10 10:00 -Swing into Shape (LGR) 10:00-Undecorate the Christmas Tree in the Great Room 10:30-Water Arthritis 10:30-Blood Pressure Screening (Community Nursing Office) 11:00-Water Volleyball 1:00- Senior Yoga (LGR) 2:00-One World - Many Religions - Hinduism (EACR) 4:30-IL Dinner (Cafe) – Make reservations by JAN. 5 to avoid a late fee....Call 793-1317 6:00-Poker Night (LGR)	11 7:30-8:30-Pool Walking 10:00-Stretching & Toning LGR 1:00-Scrabble (Player's Club) 2:00-Lutheran Communion (BMC) 3:30-Chapel Choir Practice (BMC)	12 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 12:30-5:00-Red Cross Blood Mobile (EACR)  2:00-Rock Painting (Rec Room)  4:30-Terrace Hour (Cafe) 6:00-"Fun & Fellowship" Card/Board Games (Cafe Lounge)	13 10:00-Needlework (Great Room) 10:00-Table Tennis, Darts and Shuffleboard (LGR) 2:00-Bingo (Library)
14 10:30-Chapel Worship (BMC)	15 9:30-Coffee Social (Coffee Shop) 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 1:00-Bible Study (Concord Room) 1:00-Beginners Water Color Class (LGR) 2:00-Cognitive Fitness (Library) 3:30-5:30-Terrace Lite (Cafe)	16 9:30-Wal-Mart 10:00-Silver Cardio (LGR) 2:00-Men's Brats & Beverages (Cafe)  7:00-Vespers (BMC)	17 9:30-Dollar General Store, Zimmerman's Bulk Store and Peach Hill Farm Market 10:00-Swing into Shape (LGR) 10:30-Water Arthritis 11:00-Water Volleyball 12:30-Blood Pressure Screening (Community Nursing Office) 2:00-One World - Many Religions – Buddhism (EACR) 6:00-Poker Night (LGR)	18 7:30-8:30-Pool Walking 10:00-Stretching & Toning (LGR) 1:00-Scrabble (Player's Club) 2:00-Dominoes (Rec Room) 3:00-Catholic Mass (BMC) 3:30-Chapel Choir Practice (BMC)	19 8:30-Breakfast at The Frontier Restaurant 10:00-Swing into Shape (LGR) 10:30-Water Aerobics 11:00-Water Volleyball 2:00-Greeting Card Making (Rec Room) 4:30-Terrace Hour (Cafe) 6:00-"Fun & Fellowship" Card/Board Games (Cafe Lounge)	20 10:00-Table Tennis, Darts and Shuffleboard (LGR) 10:00-Needlework (Great Room) 2:00-Bingo (Library)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:30 -Chapel Worship (BMC)	22 9:30 -Coffee & Sweet Treats Social (Coffee Shop) 10:00 -Swing into Shape (LGR) 10:30 -Water Aerobics 11:00 -Water Volleyball 1:00 -Beginners Water Color Class (LGR) 1:00 -Bible Study (Concord Room) 2:00 -Cognitive Fitness (Library) 3:30-5:30 -Terrace Lite (Cafe)	23 9:30 -Giant Eagle 10:00 -Silver Cardio (LGR) 2:00 -Soup Making (LGR)  7:00 -Vespers (BMC)	24 9:00 -Ladies Coffee/Tea (Café) 10:00 -Swing into Shape (LGR) 10:30 -Water Arthritis 11:00 -Water Volleyball 1:00 - Senior Yoga (LGR) 2:00 -One World - Many Religions – Judaism (EACR) 6:00 -Poker Night (LGR) 7:00 -341 Christian Music Group (BMC) 	25 7:30-8:30 -Pool Walking 10:00 -Stretching & Toning (LGR) 11:00 -Lunch at Chinese Buffet (American Fare served as well) in Honor of the Chinese New Year 1:00 -Scrabble (Player's Club) 3:30 -Chapel Choir Practice (BMC)	26 10:00 -Swing into Shape (LGR) 10:30 -Water Aerobics 11:00 -Water Volleyball 2:00 -Nail Care - filing and polish (Rec Room) 4:30 -Terrace Hour (Cafe) 6:00 -"Fun & Fellowship" Card/Board Games (Cafe Lounge)	27 10:00 -Needlework (Great Room) 10:00 -Table Tennis, Darts and Shuffleboard (LGR) 2:00 -Bingo (Library)
28 10:30 -Chapel Worship (BMC)	29 9:30 -Coffee Social (Coffee Shop) 10:00 -Swing into Shape (LGR) 10:30 -Water Aerobics 11:00 -Water Volleyball 1:00 -Bible Study (Concord Room) 1:00 -Beginners Water Color Class (LGR) 1:00 -Resients' Association Executive Committee Meeting (Library) 2:00 -Cognitive Fitness (Library) 3:30-5:30 -Terrace Lite (Cafe)	30 9:30 -Wal-Mart 10:00 -Silver Cardio (LGR) 11:00 -Religious Life Committee Meeting (BMC) 2:00 -Parkinson's Support Group w/Jody Hurley (LGR) 3:45 -Dinner at the US Hotel (Hollidaysburg) 7:00 -Vespers (BMC)	31 10:00 -Swing into Shape (LGR) 10:30 -Water Arthritis 11:00 -Water Volleyball 2:00 -One World - Many Religions – Judaism (EACR) 3:00 -Circle of Friends (Rec Room) 6:00 -Poker Night (LGR)	<p>GCC=Givler Cultural Center</p> <p>BMC=Bice Memorial Chapel</p> <p>EACR=Ernie Angell Conference Room</p> <p>LGR=Legends Game Room</p>	<p><u>IL Dinner Menu for Jan. 10:</u></p> <p>\$ per person Reservations due BY JAN. 5 to avoid late fee...Call 793-1317</p>	<p>Please keep in mind that this calendar is subject to change...</p>